

Parent Champions for Community Connections



What has been the most positive change you have made during the pandemic?



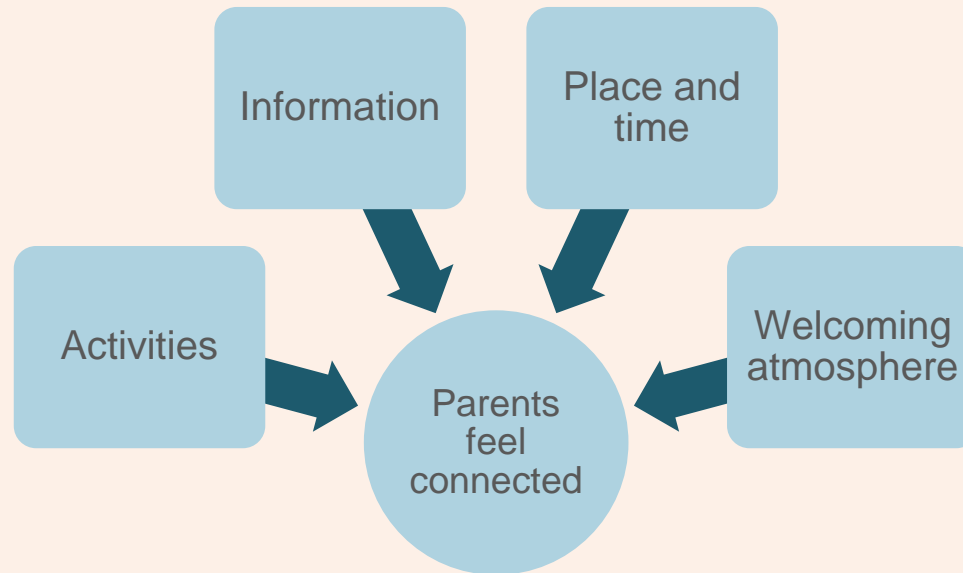
Why parents can feel lonely



- Feeling socially isolated when you have young children is very common.
- Over 50% of parents feel socially isolated at least some of the time.
- Parents raising their children alone, and those on a lower income, also tend to feel lonely more often than other parents.



What can we do?



How Parent Champions can help



- With funding from the National Lottery we have been able to run Parent Champions schemes in 7 areas across the country, focusing on tackling loneliness and isolation.
- Parent Champions in these areas have been setting up, improving and signposting parents to services.
- This can help parents feel more connected to their community and less isolated.

