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From www.oliven.co.uk



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Chevron Table Runner

by Vendulka Battais

Length 117cm (46")

Width 44cm (17 ½")



Requirements:

Fat quarter of central fabric
Five 2 ½" strips of different fabrics
25cm of fabric for border
25 cm of fabric for binding
Wadding half a metre
Backing half metre

Cutting Instructions:

10" square of central fabric
Ten 2 ½" squares *
Five 2 ½" wide strips (cut each into four 10 ½" long strips)
Three 2 ½" strips long 44" from the border fabric

*There are small squares running through the centre of the runner - Daffodil Runner is using for these little squares fabric with fussy cut daffodils, Pink Tulip Runner is using lighter green fabric, Red Tulip Runner is using the same fabric as for the border. Each has a different effect – your runner – your choice!

Red Tulip Runner has one extra strip, so you will need two little 2 ½" squares and one 2 ½" strip more. By changing the number of the strips you can extend the runner or make it shorter.

Sewing instructions:

1. Choose the sequence of the strips and pile them from the last one to the first on the top.
2. Take the first strip and join to one side of the central fabric. Take another strip of the same colour and join the small square to one end of a strip (FIG 1).
3. Press both of the seams towards the strip; join both parts together. Repeat the process with the same coloured strip on the other side of the central square. (FIG 2)
4. Continue in the same manner until you have all the strips joined up. (FIG 3)



5. Cut 2 ½" wide strips for the border into two 10 ½" long strips and two 12 ½" long strips. First join the shorter ones on both ends in the same way as the previous strips, then add on the longer one (FIG 4)



Fig4



Fig5

¼" away from the side points of the centre square

6. Give it all a good press and spread on the floor or a table. Using a long quilting ruler and a water soluble marker, draw two parallel lines ¼" away from the side points of the centre square (FIG 5, 6); make sure you keep them parallel, measuring the distance in the middle and on the sides.
7. Pin the border strip on right side down, aligning with the drawn line on the inside (FIG 7).



Fig6



Fig7

Tip: I recommend to mark the line for the border and sew the border on first, before trimming. This is because this edge is going to be cut on bias and therefore very stretchy; if you mark and sew it first, this will help to keep it from stretching while sewing.



8. Once you sew the borders, check the side point of the centre panel is not cut off (FIG 8)
9. Before pressing, trim the excess fabrics. (FIG 9)
10. Press and trim the end fabrics of the border (FIG 10).
11. Add wadding and backing, quilt as desired.
12. Use a single binding (cut 1 1/4") , as this will neaten the edge but keep it flat, double binding would create too much a bulk, which is not wanted on a table runner.



Happy sewing!!



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